



CIRCUMCISION IN LONDON

Ring method aftercare instructions – The ring usually falls off within 3-14 days



Hold your son on his back to avoid friction & bleeding



Apply Vaseline to the nappy as we showed you at every nappy change until the ring comes off



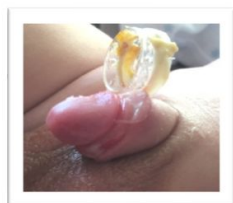
Bath your son normally or you can add 1 tablespoon of salt to the water. You can do this at anytime



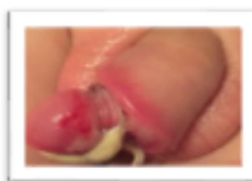
If the penis is dirty, do not wipe it as it can cause friction and bleeding. Wash it in the shower instead



Swelling, redness & bad smell is normal from the dead skin. This is NOT an infection.



If the ring is partially off, do NOT pull it as it will bleed. Close the nappy so it does not move and the ring will come off soon by itself



Book a follow up appointment if the ring has not come off in 14 days. This is NOT an emergency.



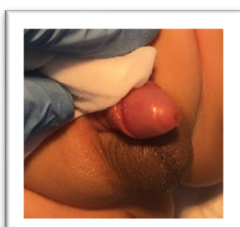
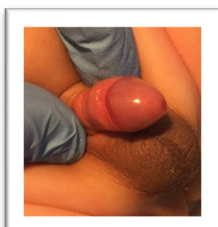
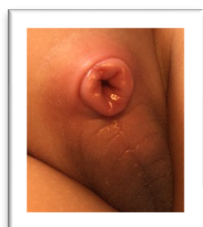
Yellowish material is normal & will exfoliate naturally after the ring comes off. This is NOT an infection

Pain – your son maybe unsettled after the circumcision which is normal. This will vary from patient to patient and can last for several hours to some patients reporting until the ring comes off. If your son is older than 2 months, you can give Calpol only (Always read the leaflet).

After the ring comes off – you can stop using the Vaseline, bath your son normally and hold him normally.

Buried penis – your son may already have this or develop it in the future:

If the head of the penis/ lighter inner skin behind it is partially or fully covered, it is because the pubic area is relatively high in comparison to the length of the penis. You need to press down the pubic area and pull back the shaft skin to fully expose the head of the penis and lighter inner skin behind it. You must clean and dry the penis on a daily basis to avoid infections and skin adhesions. See photos below and scan the QR code for a video on how to do this. It may look like there is excess skin but this skin is needed for when the patient gets an erection.



Only do this after the ring has come off



Scan on your phone camera to see an explanation video

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Continuous bleeding emergencies only:

Please call both clinic numbers to the left and listen to the whole answer machine message to obtain the emergency number. In the rare event of not reaching us, please call 999. There is a video on the above QR code showing doctors how they can stop bleeding.